

# Mumbai Ultra: The 12 Hour Run



Information for runners participating in the **Mumbai Ultra : 12 Hour Run 2017**

## **Race Start Time**

The start time of the ultra-run would be 5:00 AM Sharp from the MCGM's Mahatma Gandhi Swimming Pool Compound, Cadell Road Shivaji Park Dadar West Mumbai 400028. Please assemble at the venue by 4:00 AM.

## **Race End Time**

The ultra-run would end at 5:00 PM sharp at the same venue.

## **Baggage Counter - MCGM's Mahatma Gandhi Swimming Pool Compound.**

Shower & Washroom - All participants can take shower at the MCGM's Mahatma Gandhi Swimming Pool's bathroom. There are various washrooms along the route which the participants can utilize.

## **Medical Center & Recovery Center**

This year all participants are required to complete 1 loop and report at Swatantrya Veer Savarkar Auditorium for medical checkup and recovery and then proceed further for their another loop.

Water, Breakfast, Lunch, and Snacks - MCGM's Mahatma Gandhi Swimming Pool Compound. However, there would be 4 stations along the route which would be serving water, energy drink, fruits & would also have a mini recovery area.

**Detailed Route Map & Information** - Detailed Route Map & Station information would be published on Facebook & Website.

**Route Loop - Shivaji Park To Worli Seaface & Back**

All confirmed participants are requested to collect their BIB & Running T Shirt on Friday, August 11, 2017 - 6 pm to 8 pm & Saturday, August 12, 2017 - 3 to 6 pm at MCGM's Mahatma Gandhi Swimming Pool Compound.

**Venue Address**

MCGM's Mahatma Gandhi Swimming Pool  
Cadell Road Shivaji Park Dadar West  
Mumbai 400028.  
Landmark - Opp Shivaji Park Ground  
Nearest Railway Station – Dadar

All confirmed participants are required to carry their original I.D card's for verification and those who are collecting BIB's on behalf of their friends are required to carry the authorization letter from the said person along with their original I.D card.

Further updates would be published soon.